

## What a daughter needs from her father

- What a daughter needs from her father: a male who delights in her, who adores her, who affirms her, and builds her up.
- **A daughter should never feel 'average' when she sees her reflection in her daddy's eyes.**
- The best gift you can give your daughter is making your wife number one in your eyes. She needs to have a strong, involved, affectionate, and respectful marriage modeled for her.
- A good father learns to transfer his daughter's allegiance from himself to two others: her God and her husband. There is no better inheritance you can give your daughter than the inheritance of faith.

Source: 'What a Difference a Daddy Makes; The Indelible Imprint a Dad leaves on His Daughter's Life' by Dr. Kevin Leman

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- **A father who is there** (your important, you matter, what interests you interests me.)
- **A father who understands** (instead of 'honey the answer is simple...' try 'honey you really seem bothered by this. Why don't you tell me about it?')
- **A father who honors his wife** (your daughter will develop her expectations of her husband by watching how you treat her mother)
- **A father who believes in his daughter** (sense of belonging, has something to offer the family & the world)
- **A father who lets his daughter hurt** (just because your daughter is struggling doesn't mean you as a good father should rush in to save her)

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## Your Marriage

- Conduct a Lifestyle Analysis: helps you understand why you relate to the opposite sex the way you do and can provide insight as to why your spouse reacts in certain ways. Describe your Mom/Dad/Siblings (birth order impact); relationship with each of your children.
- Understand the difference between sex and sexual fulfillment. Sexual fulfillment is not based just on the other person's willingness but on the other person's eagerness. Surprise them, set up new experiences, tell them over and over how important, how vital this aspect of the marriage is to you, and then back that up with actions. **Your daughter will develop her expectations of her husband by watching how you treat her mother.**

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- Teach your daughter to think of others. They will find more fulfillment outside the relationship, as they serve others, as well as inside the relationship, as they build intimacy with their spouse.
- A father's love is a safe harbor for a developing young woman – if father pulls away at this time she may get her affirmation from a hormone driven boy instead.
- Love them differently – become a student of your daughter, find out her individual bent, and raise her accordingly.
- Psalm 23:2 'He leads me beside the still waters.' As my daughters grow physically, it's my duty as their shepherd to provide with still waters. (not putting them in 'tempting' situations)' Dr. Kevin Leman.

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